

# DESTINY HOME HEALTH

## HOME HEALTH SERVICES

- Contribute to the health and well being of patients at their residence
- Help restore the patient's health and/or maximize functions
- Prevent costly and inappropriate admissions to hospital
- Reduce re-admission to institutions
- Make possible earlier discharge from hospital or nursing home

## WHO MAY RECEIVE CARE?

- Care is provided for anybody who is 18 years or older, and who is eligible for skilled nursing or rehabilitative service that are intermittent, periodic, or a specified length of time directed by a Physician
- Requires considerable effort to leave home

## WHAT ABOUT LANGUAGE AND CULTURAL ISSUES?

- Multi-lingual professional staff are available to accommodate many language needs

## WHO PAYS FOR THESE SERVICES

- Medicare is the #1 insurance that pays for these services
- Other insurances that pay for these services are; Medi-Cal, HMO's, PPO's, Private and Third Party
- Services are available 24 hours/ 7 days a week



Awarded excellence in Home Health Care

As one of the top tier Home Health Care Agencies in the USA, in 2009, 2010, and 2011 by Home Care Elite



## OUR GOAL

- To provide all levels of home care service in collaboration with physicians, thus allowing clients to remain in their own homes.
- To provide a broad base of services with client demand governing the scope, allowing clients to be involved in establishing, implementing and evaluating services.
- Enable our patients to remain in their homes as long as possible by providing quality nursing and therapy care in collaboration with the physician
- To assist clients in using all restorative methods, tools, and procedures to return to their normal pattern of living as quickly as possible
- To develop a relationship with referral sources to effectively meet our client's home care needs.
- Being an advocate between our patients and families for available community resources and assist them with coping better and understanding their needs and problems.
- To provide services with dignity and respect

## DESTINY HOME HEALTH

**(951) 242-1365 or (800) 353-2994**

**FAX to: (951)242-1387**

**We serve the Riverside, San Bernardino and Los Angeles County Areas**

**We are located at: 12370 Perris Blvd.  
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**[www.destinyhomehealth.com](http://www.destinyhomehealth.com)**



**Destiny**  
Home Health Agency, Inc.



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## OUR MISSION ...

**Our belief is everyone deserves excellent health care. We recognize the unique physical and emotional needs of each person receiving health care in their home. We are guided by providing a tradition of excellence, compassion and respect through dedication of personal and clinical care.**



**Joint Commission Accreditation**

## WHAT IS HOME HEALTH CARE?

Home Health contributes to the health and well being of our patients in their residence and allows them to return to their maximum mobility and activities.

It is intermittent skilled care provided by licensed nurses, home health aide, therapists (physical, occupational and speech), and social workers. This care is provided under the supervision of a qualified physician.

## HOW DO I QUALIFY FOR HOME HEALTH

You as a patient have the freedom to select the provider of your choice for these services. In order to qualify for home health a patient must be considered "homebound". This means it requires considerable and taxing effort to leave the home and/or the patient only goes out for short periods or as medically advised.

## SKILLED NURSING



Registered and Licensed Vocational Nurses services include:

- Initial and ongoing skilled assessment with teaching and management about the disease process
- Medication teaching including the administration of injections, intravenous (IV) and antibiotic therapy, oral medication monitoring and instructions.
- Provide direct care of wounds, decubitus, and ostomy
- Diabetic management including education on diet, short and long term care needs, control and preventive measures with possible complications.
- Urinary Catheter insertion, changes, and irrigation
- Care of Gastrostomy, Jejunostomy & Nasogastric tubes
- Pain Management and Lab specimen collection

## CERTIFIED HOME HEALTH AIDE

Provides services which include:

- Personal care.
- Hygiene management.
- Assistance with bathing and grooming.
- Light-housekeeping services.

## MEDICAL SOCIAL SERVICES

Medical Social Workers provide services to include:

- Help and support to patient, family and caregivers in social and emotional problems.
- Support and assistance in legal and financial concerns (Durable Power of Attorney, DNR, and Living Will)
- Identify and provide community resources.
- Use of short and long term counseling with crisis intervention.
- Short and long term health care planning including benefit and insurance.

## PHYSICAL THERAPY



Registered Physical Therapists provide services which include:

- Initial and ongoing evaluations related to: motor dysfunctions, muscle strength, endurance, mobility, walking ability, range of motion and joint disorders.
- Build strength and improve mobility and home safety.
- Reduce muscle tremors, spasticity and joint stiffness.
- Use of medical equipment such as walker, canes patient lifts, wheelchairs and prosthetic. Also training for safe transfer, ambulation and activities of living
- Proper body mechanics to reduce injury and pain.
- Ultrasound, heat and cold therapy and to reduce pain.
- Home Exercise programs designed for individual use

## SPEECH THERAPY

Licensed Speech Therapists and Pathologists provide services, which include:

- Initial and ongoing assessments, interventions, hearing impairment, neurological disorders, stuttering, swallowing difficulties and comprehension ability impairments.
- Communication techniques
- Swallowing techniques

## OCCUPATIONAL THERAPY

Registered Occupational Therapist include:

- Initial and ongoing evaluations related to: self-care abilities, upper body strength, mobility, daily living skills, adaptive equipment needs and use of coordination, balance and perceptual-motor abilities
- Energy conservation exercises.
- Self-care ability improvement.
- Grooming and bathing skills improvement.
- Splinting and muscle re-education and deformity correction and minimization.

## NUTRITIONAL GUIDANCE

Nurses will assist the patient in understanding and following special diets as prescribed by the physician.

## STATEMENT OF NON-DISCRIMINATION

PURSUANT TO THE TITLE VI OF THE CIVIL RIGHT ACT OF 1964, SECTION 504 OF THE REHABILITATION ACT OF 1973, AND THE AGE DISCRIMINATION ACT OF 1975, DESTINY HOME HEALTH AGENCY INC. DOES NOT DISCRIMINATE ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, DISABILITY OR AGE. FOR FURTHER INFORMATION OR TO FILE A COMPLAINT, CONTACT DESTINY HOME HEALTH AGENCY, INC. AT (951) 242-1365

